# What is Re.M.I.D.A. Project?

## CONTEXT

The R.E.M.I.D.A. project intends to contribute to countering the problem of social exclusion of over-45 disadvantaged adults, in line with the actions implemented by Member States. Unemployment in the more adult age group risks to become crystallized over time, also because it often concerns poorly-educated workers, with low qualifications or with out-of-date qualifications and skills, immigrants or ex-prisoners.

#### AIM

The project "REMIDA - Renewed Models for the Inclusion of Disadvantaged Adults" was created with the aim of supporting the social and working inclusion of adults 45+ at risk of exclusion (low qualifications and skills, obsolete skills, immigrants...) by defining and testing an innovative model of intervention, aimed at achieving personal empowerment and enhancing the informal and non-formal skills / abilities of this target group.

### PARTICIPANTS NUMBER AND PROFILE

The direct target group (at least 50% women):

- Operators working for the social inclusion of disadvantaged adults;
- Adults 45+ at risk of social-work exclusion;
- Representatives and/or managers of adult education, training, assessment and guidance organizations;
- Experts/researchers in adult education methodologies;
- Representatives of the PA.

### MAIN RESULTS

1. Definition of an innovative model of intervention for the personal empowerment of 45+ adults at risk of social-working exclusion. This model comes from adaptation of the Lego Serious Play principles to the adult 45+ target and its alignment with consolidated methodologies for adult education, training assessment and orientation.

2. Upskilling of operators of adult education centers, engaged in activities in favor of adults 45+ at risk of social exclusion.

3. Support to European processes for enhancing informal and non-formal skills / abilities of this target group.

### MAIN IMPACT

The R.E.M.I.D.A. project will have a significant impact on partner organizations and participating operators, stakeholders and key actors at the local, national and EU levels. The project's expected impact on adults in a situation of disadvantage is to increase their opportunities for social and work inclusion, (re) inclusion in active participation processes and in the labor market, as well as to enhance their life experiences, increasing their self-esteem and awareness.



